



<b>Job Title:</b>	First Team Physiotherapist	<b>Job Code:</b>	FTPhys
<b>Department/Group:</b>	Sports Science & Medicine	<b>Date Posted:</b>	21/10/2019
<b>Responsible to:</b>	Head of Sports Science & Medicine	<b>Posting Expires:</b>	29/10/2019
<b>Level/Salary Range:</b>	Competitive (dependent on experience)	<b>Hours of Work:</b>	Full-time (requiring flexibility to work regular evenings & weekends, plus regular travel to away matches)
<b>Location:</b>	The normal place(s) of work will be: <ul style="list-style-type: none"> <li>• MEMS Priestfield Stadium, Redfern Avenue, Gillingham, ME7 4DD</li> <li>• Beechings Cross, Grange Road, Gillingham, ME7 2YD</li> <li>• You will be expected to undertake travel as necessary to fulfill your job requirements and to the satisfaction of Gillingham Football Club</li> </ul>		
<b>Applications Accepted By:</b>			
<b>E-MAIL:</b> <a href="mailto:ghemens@priestfield.com">ghemens@priestfield.com</a>  <b>Subject Line:</b> First Team Physiotherapist		<b>MAIL:</b> Gary Hemens Sports Science & Medicine Department Gillingham Football Club MEMS Priestfield Stadium Redfern Avenue Gillingham Kent. ME7 4DD	
<b>Job Description</b>			
<b>SUMMARY OF POSITION</b> <ul style="list-style-type: none"> <li>• To deliver a high standard of assessment, treatment and rehabilitation to all Professional players</li> <li>• To provide match-day cover for all first team games</li> <li>• To manage, co-ordinate and support senior academy physiotherapy staff</li> <li>• To take responsibility for the day to day running of the Medical department</li> </ul>			
<b>ROLES AND RESPONSIBILITIES</b> Injury Management <ul style="list-style-type: none"> <li>• To have particular responsibility for all Medical/Health related matters pertaining to the First Team squad, including; assessment and diagnosis of musculoskeletal; implementation of appropriate treatment and rehabilitation strategies; pre training management of players including strapping, taping and administration of treatment as required.</li> <li>• To support &amp; oversee the development, co-ordination and implementation of all medical musculoskeletal matters in relation to the Professional Development Phase players (U17-U23's)</li> </ul>			



- To liaise closely with the Club Doctor, Sports Scientists and other members of the multidisciplinary team to optimise player medical care and performance with all medical/health related matters for all professional players.
- To provide evidence based treatment and develop injury rehabilitation guidelines.
- To accompany players to medical consultations, possibly at short notice, ensuring the player receives optimal care and advice at all times.
- To be involved in the counseling process of all first team players covering medical/health related matters.

#### Injury Reduction Strategies

- To be responsible for the continued running of injury reduction strategies in line with the clubs 'Injury Reduction Pyramid', (including, pre-signing player recruitment screening, load monitoring, athletic & movement development programmes, structured & individualised injury reduction programmes).
- Liaise effectively with the First Team coaching staff on a daily basis in order to keep them informed of players' availability for matches and training.
- To educate players on responsible management of injuries and injury prevention strategies.
- Work alongside the Sport Science team in order to deliver first class recovery and injury prevention strategies to all players both immediately after games and on recovery days

#### Medical Provision of Matches, Training Sessions & Tours

- To provide Physiotherapy match day cover for all First Team games
- To provide 'on field' first aid to injured players and aid in their removal and dispatch to appropriate facility
- To be responsible for the organisation of First Team 'Matchday Emergency Action in accordance with the Football Association guidelines.
- To ensure all medical equipment and procedures are regularly reviewed and maintained at both the stadium and training ground

#### Management Responsibilities

- To play a lead role in the recruitment of all medical staff.
- Take an active role in all medical meetings and other planning meetings.
- To supervise Senior Academy Physiotherapy staff.
- To facilitate clinical forum for discussion of all medical related matters, including external support where necessary.
- To be responsible for the maintenance and storage of up to date medical records of all First Team players.
- To be responsible for the club 'Whereabouts' Anti-doping schedule and to be involved in the briefing of First Team players on medical screening, FA doping controls programme and medical research.
- To evaluate current practice on a regular basis.
- To attend briefings, courses and seminars at the Football Association Medical Education Centre when necessary.
- To actively participate in personal continuing professional development in keeping with CSP guidelines



**PERSONAL SPECIFICATION**

	ESSENTIAL	DESIRABLE
BSc (Hons) Physiotherapy	X	
Health Professional Council Registered	X	
Member of the Chartered Society of Physiotherapy	X	
Extensive Manual Therapy Skills		X
Extensive Knowledge & experience in injury prevention & rehabilitation using movement dysfunction analysis and re-training principles		X
Knowledge and experience of strength and conditioning requirements of the elite footballer		X
Experience of working in a professional football club environments		X
Up to date ATMMiF course qualification or equivalent		X
Experience working within a First Team environment		X
Experience working within a multidisciplinary team		X

**KNOWLEDGE & SKILLS**

- Excellent leadership & communication skills
- Professional, reliable and flexible approach to work
- Keen interest in rehabilitation and treatment of injuries & sport
- The ability to encourage & motivate players with rehabilitation & injury prevention programmes
- An enthusiastic attitude
- Good health, stamina and well being
- The ability to work well in a team and on your own

Reviewed By:	Gary Hemens	Date:	October 21, 2019
Last Updated By:	Gary Hemens	Date/Time:	21/10/2019