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| Job Title: | First Team Physiotherapist | Job Code: | FTPhys |
| Department/Group: | Sports Science & Medicine | Date Posted: |  |
| Responsible to: | Head of Sports Science & Medicine | Posting Expires: |  |
| Level/Salary Range: | Competitive(dependent on experience) | Hours of Work: | Full-time (requiring flexibility to work regular evenings & weekends, plus regular travel to away matches |
| Location: | The normal place(s) of work will be:* Priestfield Stadium, Redfern Avenue, Gillingham, ME7 2PE
* Beechings Cross, Grange Road, Gillingham, ME7 2YD
* You will be expected to undertake travel as necessary to fulfill your job requirements and to the satisfaction of Gillingham Football Club
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| Applications Accepted By: |
|  E-mail: ghemens@priestfield.com**Subject Line:** First Team Physiotherapist | Mail:Gary HemensSports Science & Medicine DepartmentGillingham Football ClubMEMS Priestfield StadiumRedfern AvenueGillinghamKent. ME7 4DD |
| Job Description |
| Summary of Position* To deliver a high standard of assessment, treatment and rehabilitation to all Professional players
* To provide match-day cover for all first team games
* To manage, co-ordinate and support senior academy physiotherapy staff
* To take responsibility for the day to day running of the Medical department

Roles and ResponsibilitiesInjury Management* To have particular responsibility for all Medical/Health related matters pertaining to the First Team squad, including; assessment and diagnosis of musculoskeletal; implementation of appropriate treatment and rehabilitation strategies; pre training management of players including strapping, taping and administration of treatment as required.
* To support & oversee the development, co-ordination and implementation of all medical musculoskeletal matters in relation to the Professional Development Phase players (U17-U23’s)
* To liaise closely with the Club Doctor, Sports Scientists and other members of the multidisciplinary team to optimise player medical care and performance with all medical/health related matters for all professional players.
* To provide evidence based treatment and develop injury rehabilitation guidelines.
* To accompany players to medical consultations, possibly at short notice, ensuring the player receives optimal care and advice at all times.
* To be involved in the counseling process of all first team players covering medical/health related matters.

Injury Reduction Strategies* To be responsible for the continued running of injury reduction strategies in line with the clubs ‘Injury Reduction Pyramid’, (including, pre-signing player recruitment screening, load monitoring, athletic & movement development programmes, structured & individualised injury reduction programmes).
* Liaise effectively with the First Team coaching staff on a daily basis in order to keep them informed of players’ availability for matches and training.
* To educate players on responsible management of injuries and injury prevention strategies.
* Work alongside the Sport Science team in order to deliver first class recovery and injury prevention strategies to all players both immediately after games and on recovery days

Medical Provision of Matches, Training Sessions & Tours* To provide Physiotherapy match day cover for all First Team games
* To provide ‘on field’ first aid to injured players and aid in their removal and dispatch to appropriate facility
* To be responsible for the organisation of First Team ‘Matchday Emergency Action in accordance with the Football Association guidelines.
* To ensure all medical equipment and procedures are regularly reviewed and maintained at both the stadium and training ground

Management Responsibilities* To play a lead role in the recruitment of all medical staff.
* Take an active role in all medical meetings and other planning meetings.
* To supervise Senior Academy Physiotherapy staff.
* To facilitate clinical forum for discussion of all medical related matters, including external support where necessary.
* To be responsible for the maintenance and storage of up to date medical records of all First Team players.
* To be responsible for the club ‘Whereabouts’ Anti-doping schedule and to be involved in the briefing of First Team players on medical screening, FA doping controls programme and medical research.
* To evaluate current practice on a regular basis.
* To attend briefings, courses and seminars at the Football Association Medical Education Centre when necessary.
* To actively participate in personal continuing professional development in keeping with CSP guidelines

Personal Specification

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|  | **ESSENTIAL** | **DESIRABLE** |
| BSc (Hons) Physiotherapy | **X** |  |
| Health Professional Council Registered | **X** |  |
| Member of the Chartered Society of Physiotherapy | **X** |  |
| Extensive Manual Therapy Skills |  | **X** |
| Extensive Knowledge & experience in injury prevention & rehabilitation using movement dysfunction analysis and re-training principles |  | **X** |
| Knowledge and experience of strength and conditioning requirements of the elite footballer |  | **X** |
| Experience of working in a professional football club environments |  | **X** |
| Up to date ATMMiF course qualification or equivalent |  | **X** |
| Experience working within a First Team environment |  | **X** |
| Experience working within a multidisciplinary team |  | **X** |

Knowledge & Skills* Excellent leadership & communication skills
* Professional, reliable and flexible approach to work
* Keen interest in rehabilitation and treatment of injuries & sport
* The ability to encourage & motivate players with rehabilitation & injury prevention programmes
* An enthusiastic attitude
* Good health, stamina and well being
* The ability to work well in a team and on your own
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| Reviewed By: | Gary Hemens | Date: | Click here to enter a date. |
| Last Updated By: | Gary Hemens | Date/Time: |  |