



## Soccer School Day Structure & Staff Responsibilities

*“Creating a safe fun structured and enjoyable learning environment.”*

This guideline is flexible and will be implemented in a way that is age appropriate and dependent on specific individual ability levels.

### Arrival

Upon arrival, GFCCT coaching staff will check the playing surface and surrounding areas to ensure they are safe for children to participate. During this stage a Risk Assessment will be taken by the Lead Coach.

GFCCT staff will greet every player and parent, and facilitate players conducting an arrival practical activity. This time will be player-led; however GFCCT coaches will be vigilant in monitoring the practical activities and ensuring the safety and welfare of the children is maintained.

### Age Grouping

The Lead Coach will conduct an introduction to players and parents about the venue and player and parent responsibilities during their time at the GFCCT Soccer School. A register will then take place and each child will be placed into a group appropriate to their age, ability, or welfare.

### Skills Based Technical Coaching Session

Practical coaching sessions for each group will take place with their respective GFCCT coach. A ratio of 1:16 will be upheld to encourage maximum participation, enjoyment and learning. The coach and the players will decide the session topic from The Technical Coaching Scheme of Work. A player-led environment is encouraged, although the coach has the overall decision. A combination of two topics can be covered at the discretion of the coach. The Practical Activity Guideline will be encouraged and followed where possible.

### Lunch Break

A 30 minute break with no practical activities needs to be followed to ensure players have the opportunity to eat and drink. GFCCT will facilitate the lunch break and GFCCT staff will also be entitled to have a lunch break.

### Player-Led Activities

After lunch, players will be allowed to access footballs and are encouraged to participate in a “player-led” activity. This will be done within designated areas, and GFCCT coaches will facilitate and monitor the activities to encourage safety.

### Competition Afternoon

An age-appropriate organised competition afternoon will be established. Depending on specific age groups, there may be a “junior” and “senior” section which is linked but run separately within their respective age bands.

